

**Valley Dream Farm LLC**  
2011 Application

Last Name \_\_\_\_\_  
 First Name \_\_\_\_\_  
 Family Members \_\_\_\_\_  
 \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/Town \_\_\_\_\_ Zip \_\_\_\_\_  
 Work phone \_\_\_\_\_  
 Home phone \_\_\_\_\_  
 e-mail address \_\_\_\_\_

**24 Week Program** (June-November):  
 Regular Share-feeds 4 avg 9+ items \$520. \_\_\_\_\_  
 Single Share-feeds 1 avg 6 items \$375. \_\_\_\_\_  
 Senior share +65 = 5 items \$275. \_\_\_\_\_  
 Add local VT Shares = 2 different VT Products added to  
 your share each week(see details inside) \$400. \_\_\_\_\_

**16 Week Program** (Summer Only):  
 Regular Share = feeds4 avg 9+ items \$370. \_\_\_\_\_  
 Single Share = feeds1 avg 6 items/wk \$263. \_\_\_\_\_  
 Senior share +65 = 5 items/wk \$210. \_\_\_\_\_  
 Add local VT Shares = 2 different VT Products added to  
 your share/week (see details inside) \$282. \_\_\_\_\_

**MEATS** (order any time)  
 Natural Local Meat 20lbs \$185.00 \_\_\_\_\_

**Delivery** 2.00/week \$48.00 \_\_\_\_\_

*\*Delivered to your nearest local drop site – TBD*

**Pick-up Free** at the farm

Circle one: Tues 4-6 Thurs 4-6 Sat 9-2

**Donation** (help support NOFA & the locals) \_\_\_\_\_

Farm Share call for low income assistance

**TOTAL** \_\_\_\_\_

*Prices increase 10% in MAY 1 2011*

*Payment Plans are available upon request*

Checks payable to:

**Valley Dream Farm LLC**

How did you hear about us? \_\_\_\_\_  
 \_\_\_\_\_

*BRINGING YOU ALL THE FLAVORS OF*  
**PLEASANT VALLEY**



*The Farm Stand is stocked with our fresh colorful delicious organic produce from crisp heads of lettuce to juicy sweet strawberries!*



*Carnival Winter Squash*

**VALLEY DREAM FARM LLC**

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 Cambridge, Vermont 05444

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 (Fax) 802-644-2213  
 valleydream@wildblue.net

[www.valleydreamfarm.com](http://www.valleydreamfarm.com)



*Taste the Organic difference!*



## VALLEY DREAM FARM

It is our goal to continue to positively affect the community we live in, as well as encourage and inspire others to do the same.

### RECEIVES AWARD

"*Conservation Farmers of the Year*" - 2008  
Bestowed by the Lamoille County Natural Resources Conservation District. This award was granted for the commitment to good water and soil health, as well as for gifts of fresh produce to Vermonters in need.

Continues to donate produce to local food shelves.

### Affordable CSA Shares

Valley Dream Farm believes it should be an option for all income levels to eat healthy

## Senior Citizen Discounts

We provide an affordable share for our Vermont seniors, who were raised on wholesome vegetable gardens and struggle to eat healthy on their limited fixed incomes.

## VALLEY DREAM FARM

### PROTECTS THE LAND

- Preserves farmland and open spaces
- Protects water and soils from chemical contamination for the present and for future generations
- Protects Wildlife and Hunting areas
- Valley Dream Farm is preserved with the American Farmland Trust to remain in agriculture.

*Valley Dream Farm offers educational tours for classrooms in Spring and Fall.*

Valley Dream Farm is located in Pleasant Valley, in the lap of Mt. Mansfield, in the towns of Cambridge and Underhill, Vermont.



Field Manager Tamara applying organic compost & wood ash to fertilize fields.

View of Mt Mansfield

## Eat Healthy

Taste the organic difference

We bring you the best fresh veggies

Fresher tastes better

Healthy & Nutritious

No chemical herbicides or pesticides

Saves over store prices & quality

You and your family deserve the best

Know where your food is grown

## Members receive the following:

**Vegetables:** Lettuce, Tomatoes, Beans, Cucumbers, Beets, Peas, Broccoli, Carrots, Cabbage, Greens, Garlic, Kohlrabi, Spinach, Kale, Swiss Chard, Brussels Sprouts, Squash – Summer and Winter, Pumpkins, Peppers, Onions, Potatoes, Turnips, and Sweet Corn  
**Seasonal Fruits:** Strawberries (July), Cantaloupe and Watermelon (Sept)

## 2011

### CSA Membership

16 or 24 weeks of fresh organic produce  
Newsletters with simple recipes  
Weekly pick-up at the farm or delivered

### LOCAL VT SHARES

Local VT shares are offered for members only  
We will add 2 items per week (our choice) to compliment your vegetable share from just a few of the following VT products

**Organic Breads** – Unique bakeries with organic ingredients for crusty delicious breads

**Natural Eggs** – Local free range hens provide the tastiest eggs.

**Organic Goat Cheese** – Doe's Leap delicious organic cheeses include Feta, Chevre, and Caprella.

**VT Orchards** – offering fresh berries, fruits, apples, & cider – late summer and fall

**Real VT Maple Syrup** = The Fletcher family of Cambridge offers us their local sweet syrup  
2 half gal/24wks or 1 half gal/16wk share

**Butterworks farm** = organic yogurt and grains.

**OTHER VT products** = surprise items including Local honey, Granola, Cranberries, Chocolates, and even Valley Dream Farms' own flowers, & jams

**ADD-ON Local VT Shares** 24 weeks = \$400  
or 16 weeks = \$282

**ADD-ON Local Natural VT Meats**

flavorful cuts of natural Beef raised locally.  
8lbs Ground, 8lbs steaks, 4lbs other.

A 20lb box of selected cuts ..... \$185.00